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[The Mercies](#) by Kirin Millwood Hargrave

Inspired by the Vardø storm and the 1621 witch trials, a town of independent women—their menfolk having died in a reckless storm—find their existence threatened when a man with an iron rule arrives on their shore.

[The Van Apfel Girls Are Gone](#) by Felicity McLean

When the Van Apfel sisters mysteriously disappeared, Tikka and her sister were left haunted by the loss of their friends. Now, years later, Tikka returns home to try and make sense of this strange moment.

[Emotional Inflammation](#) by Lise Van Susteren

Many people today suffer from emotional inflammation—a state that stems from simply living in our anxious and overwhelming world. This is a guide to help you overcome this and become more grounded and resilient in today's turbulent times.

[The Beauty in Breaking](#) by Michele Harper

Two months before Michele Harper was to move and join the staff of a Philadelphia hospital, her husband told her he couldn't move with her. In the ensuing years, Harper realizes that each of us is broken in some way, and she writes about what she learned from her patients.