

Dear America by Jose Antonio Vargas

This book is about homelessness, not in a traditional sense, but in the unsettled, unmoored psychological state that undocumented immigrants like Vargas find themselves in. After 25 years of living illegally in a country that did not consider Vargas one of its own, Vargas says that this book is the closest thing he has to freedom.

304.873 VARGAS

Girl, Stop Apologizing by Rachel Hollis

Rachel Hollis has seen it too often: women not living into their full potential. She knows that many women have been taught to define themselves in light of other people—whether as wife, mother, daughter, or employee—instead of learning how to own who they are and what they want. With a challenge to women everywhere to stop talking themselves out of their dreams, Hollis identifies the excuses to let go of, the behaviors to adopt, and the skills to acquire on the path to growth, confidence, and believing in yourself.

158.1052 HOLLIS

Grateful American by Gary Sinise

Grateful American is the moving, entertaining, profoundly gripping story of how one man found his calling: to see that those who defend this country and its freedoms are never forgotten. In the aftermath of the September 11 attacks, this became Gary's mission. While starring in hits like *Apollo 13* or *Ransom*, Gary has worked tirelessly on behalf of those who serve this country. He has entertained more than a half million troops around the world playing bass guitar with his Lt. Dan Band, raised funds on behalf of veterans, and eventually founded the Gary Sinise Foundation.

791.4302 SINISE

The Inflamed Mind by Edward Bullmore

In this game-changing book, University of Cambridge professor of psychiatry Edward Bullmore reveals the breakthrough new science on the link between depression and inflammation of the body and brain. *The Inflamed Mind* goes far beyond the clinic and the lab, representing a whole new way of looking at how mind, brain, and body all work together in a sometimes misguided effort to help us survive in a hostile world.

616.85 BULLMORE