

On Her Plate by Ky-Lee Hanson

On Her Plate introduces us to a conscious way of thinking about the human and earth connection. Readers will learn from many perspectives: retired nurses, nutritionists, biology majors, personal trainers, and every day women who will explore exercise regimens, female hormonal issues, cancers, and dive into how our mindset, busyness, and confidence—or lack thereof, is steering our eating habits.

615.854 HANSON

Super Natural by Clay Routledge

The quest for transcendent meaning is one reason why humans embrace the supernatural. Children naturally see the world as magical, yet when humans reach full cognitive development they are still drawn to supernatural beliefs and ideas that defy the laws of physics. In *Supernatural: Death, Meaning, and the Power of the Invisible World*, Routledge reveals just how universal supernatural thinking is, and how this kind of thinking is adaptive and even healthy.

200.19 ROUTLEDGE

Point of View by Elisabeth Hasselbeck

In this illuminating book, Elisabeth walks through the times--from her national celebrity days to her newest role as CBO (Chief Breakfast Officer)--where she saw something differently than how God wanted her to, and the path back to His point of view was sometimes rocky but always revealing. In this book, Elisabeth welcomes you into the many different, and often divergent, points of view that she has witnessed and learned from along the way.

791.4502 HASSELBECK

Imagine It Forward by Beth Comstock

Imagine It Forward is an inspiring, fresh, candid, and deeply personal book about how to grapple with the challenges to change we face every day. One of the most successful women in business, Comstock shares her own personal story in leading change with vital lessons on overcoming the inevitable roadblocks.

658.4 COMSTOCK