BOOK NOTES 10-8-18

The Restless Wave by John McCain

In this book, McCain looks back with appreciation on his years in the Senate, his historic 2008 campaign for the presidency against Barack Obama, and his crusades on behalf of democracy and human rights in Eastern Europe and the Middle East.

328.73 MCCAIN

Big Girl by Kelsey Miller

This book is for anyone who's dealt with a distorted body image, food issues, or a dysfunctional family. It's for the late-bloomers and the not-yet-bloomed. It's for everyone who's tried and failed and felt like a big, fat loser. So, basically, everyone.

362.1963 MILLER

How to Change Your Mind by Michael Pollan

This book is the gripping account of a journey to an exciting and unexpected new frontier in our understanding of the mind, the self, and our place in the world.

615.7 POLLAN

The Feather Thief by Kirk Wallace Johnson

The gripping story of a bizarre and shocking crime, and one man's relentless pursuit of justice, it is also a fascinating exploration of obsession, and man's destructive instinct to harvest the beauty of nature.

364.16 JOHNSON