

**The Blue Zones of Happiness** by Dan Buettner

In this book, readers will find game-changing tools drawn from global research and expert insights for achieving maximum fulfillment in life.

158 BUETTNER

**Ask Me About My Uterus** by Abby Norman

This book shows that women's bodies have long been the battleground of a never-ending war for power, control, medical knowledge, and truth.

618.1 NORMAN

**The Greatest Comeback** by David Bolchover

This book provides readers with an extraordinary and compelling account of the life of football coach and Holocaust survivor, Béla Guttmann.

796.334 BOLCHOVER

**In Praise of Difficult Women** by Karen Karbo

This book spotlights the spirited rule breakers who charted their way with little regard for expectations: Amelia Earhart, Helen Gurley Brown, Edie Sedgwick, Hillary Clinton, Amy Poehler, and Shonda Rhimes, among others.

920.72 KARBO